

Scot Morrison, PT, DPT, OCS, CSCS

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Certifications

Board Certified Clinical Specialist - Orthopaedic Physical Therapy	2016 – Current
Certified Strength and Conditioning Specialist through the NSCA	2008 – Current
BLS for health professional (CPR/AED) American Heart Association	2006 – Current
American Red Cross Emergency Medical Response (EMR)	2017 – Current
Titleist Performance Institute Certified Golf Fitness Instructor (TPI-CGFI)	2010 – Current

Relevant Experience

Black Diamond Physical Therapy (Portland, OR)

PhysioPraxis Sports & Ortho PT

April 2016 - Present

- Private contractor responsible for creating patient load and evaluation and treatment of these patients within a primary sports medicine population.

Physio Praxis

Private Practice Physical Therapist

September 2015 – Present

- Private pay private practice with concierge physical therapy provided through the Portland area.

Major League Soccer Professional Referee Organization

Head of Medical Services

Jan – Dec 2017

- Responsible for all player rehabilitation, management of sports medicine staff, assistance with strength & conditioning and sports science.

Washougal Sport and Spine (Washougal, WA)

Staff Therapist

May 2014 – December 2016

- Staff therapist responsible for evaluation and treatment of patients with a wide variety of conditions with heavy manual and exercise based approach to rehabilitation.

Spine & Sport Institute (Vero Beach, FL)

Staff Therapist/Wellness Club Director

November 2013 – April 2014

- Staff therapist responsible for evaluation and treatment of patients with a wide variety of conditions, direction of physical therapy assistants, and clinical mentorship co-treating with a senior therapist 4 hours weekly.
- Developed and implemented special programs including golf fitness and balance programs.

Martin Health Systems (Treasure Coast Medical Fitness Center - Stuart, FL)

Site Supervisor

October 2010 – October 2013

Exercise Specialist

July 2008 - October 2010

- Served as a member of the MMHS shared governance committee.
- Presented in-services targeting personal trainers and massage therapists.

Volunteerism & Presentations

- Volunteer Strength Coach - Wrestling Team 2008/09 season
Jensen Beach High School (Jensen Beach, FL)
- Served as member on Orthopaedic Membership Board
- Served as VP of the AAOMPT sSIG
- Social Media Management for Sports Performance SIG
- Served as Secretary & Treasurer for NSCA Sports Med SIG
- Podcast guest and co-host on PT inquest, PT Insiders, NSCA, and Jet-Set Rehab
- Various in house presentations to training staff on strength training topics.
- Moderator at CSM 2017 Oxford debate on Dry Needling hosted by Woman's Health Section
- "Strength & Conditioning Principles for Sports Med Practitioners." Presentation to Sports Med and S&C staff at University of Illinois Urbana-Champaign. 2017
- "ExRx & Applied Periodization for Sports Med Practitioners." Presentation to Sports Med and S&C staff at Seattle Seahawks. 2018
- "Strength & Conditioning Principles for Rehab Professionals." Presentation with Erik Meira, PT, DPT, SCS, CSCS in Hudson, WI. 2018

Professional Organizations

Member of American Physical Therapy Organization

Member of the Sports section

Member of the Strength and Conditioning, College and Pro, Residency, and Golf SIG.

Member of National Strength and Conditioning Association

Publications

- Schoffstall, J., Morrison, S., Boswell, B., and Kozlik, B. (2010). Grip Strength and Powerlifting Performance. *Southeastern Chapter of the American College of Sports Medicine Regional Conference*
- Morrison, S. D., & Chaconas, E. J. (2014). Power Development for Golf. *Strength & Conditioning Journal*, 36(4), 43-48.
- Lorenz, D. Morrison, S. (2015) Clinical Commentary: Current Concepts in Periodization of Strength and Conditioning for the Sports Physical Therapist. *International Journal of Sports Physical Therapy*.
- Morrison, S., Ward, P., duManoir, G. (2017) Clinical Commentary: Energy System Development and Load Management through the Rehabilitation and Return to Play Process. *International Journal of Sports Physical Therapy*.
- Lorenz, D., Morrison, S., Panariello, R., Maddalone, D. (under review) Principles of Sports Performance Enhancement. *APTA Sports Section Home Study Course*.

Continuing Education

- Titleist level 1 certification course
- Central VA Sports Performance Clinic
- APTA Sports TCC - 2012
- Private Seminar from Nike coach Patrick Ward at Drive 495
- AAOMPT Annual Conference - 2013
- Seattle Sounder's Sport Science Weekend - 2014
- APTA Combined Sections Meeting - 2011, 2016, 2017
- *Manual Therapy*
 - MAPS - MT 1: Essential Peripheral
 - MAPS - MT-0: Evidence -Based Orthopedic Diagnostic Evaluation
 - MAPS - MT-2: Essential Spinal
 - MAPS - MT-3: Intermediate Spinal

- MAPS - MT-4: Differential Assessment & Clinical Reasoning
- McKenzie: Part A
- Mckenzie: Part C
- USA - E1: Extremity Evaluation and Manipulation
- USA - S1: Spinal Evaluation and Manipulation
- USA - S2: Advanced Evaluation & Manipulation of Pelvis, Lumbar & Thoracic
- USA - S3: Advanced Evaluation & Manipulation of Cranio-Facial, Cervical & Upper Thoracic Spine
- USA - CF1: Basic Cranio-Facial
- Mulligan Lower Extremity Course
- *General Physio*
 - Advanced Evaluation and Treatment of Hip Pathologies – Erik Meira
 - Advanced Management of Lower Extremity Injuries in the Athlete – JW Mathison
 - Head2Toe Systems managing the injured runner - private mentorship with Chris Johnson
 - Neurodynamic Solutions Upper Quarter Course – Michael Shacklock
 - Pacific NW Orthopedic & Sports Med Symposium - The Lower Extremity
 - The Shoulder: Complex doesn't mean Complicated – Adam Meakins
 - Sports Section EMR course – Cogent Steps
 - The shoulder steps to success – Joe Gibson, Clinical Edge
 - Medbridge Courses – Various